Jim Embry

*Slow Food’s Terra Madre Network and a Sustainable Future*

Sustainable Communities Network
Richmond/Lexington KY

[www.sustainlex.org](http://www.sustainlex.org)

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A Hungry Nation

38 million Americans are food insecure.

Food security status of U.S. households, 2003

- Food secure 88.8%
- Food insecure 11.2%
  - Without hunger 7.7%
  - With hunger 3.5%

That is 9 times the population of Kentucky

Impacts: Kentucky

• Farm numbers declining
• High rates of obesity, cancer, heart disease and diabetes
• Unequal access to healthy foods...
• Food insecurity, food deserts
• Strains on our natural resources
• Food borne diseases...e.coli, salmonella, melamine

So what are we going to do about it?
The Unsettling of America: Culture & Agriculture

Wendell Berry
If everyone in the world lived like an average North American we would need five planets to live on...

One Planet Living is a global initiative based on 10 principles of sustainability developed by BioRegional and WWF.

One Planet Living

If everyone on earth lived like a North American, we would need 5 planets to support us.
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<th>Ten Principles of One Planet Living</th>
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<tr>
<td>1</td>
<td>Zero Carbon</td>
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<td>2</td>
<td>Zero Waste</td>
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<td>Sustainable Transport</td>
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<td>4</td>
<td>Local and Sustainable Materials</td>
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<td>5</td>
<td>Local and Sustainable Food</td>
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<td>6</td>
<td>Sustainable Water</td>
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<td>7</td>
<td>Natural Habitats and Wildlife</td>
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<td>8</td>
<td>Culture and Heritage</td>
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<td>9</td>
<td>Equity and Fair Trade</td>
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<td>10</td>
<td>Health and Happiness</td>
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Sustainability Spans Continents
Slow Food’s Global Terra Madre Network
SLOW FOOD NETWORK

- 1,000,000 Supporters
- 100,000 Members
- 4,770 Ark of Taste products
- 2,400 Food communities
- 4,500 Gardens in Africa
- 1,500 Convivia
- 500 Presidia
- 170 Countries
Slow Food on Campus

- Slow Food on Campus members represent a passionate cross-section of youth addressing food system and food justice issues, spanning environmental and social causes.

Slow Food on Campus Chapters:
- Slow Food Art Institute of Pittsburgh
- Slow Food Boston University
- Slow Food California Culinary Academy
- Slow Food Carleton College
- Slow Food Green Mountain College
- Slow Food Hampshire College
- Slow Food Harvard University
- Slow Food Kapi‘olani Community College
- Slow Food Le Cordon Bleu - Atlanta
- Slow Food New England Culinary Institute – Montpelier
- Slow Food Princeton
- Slow Food Rutgers University
- Slow Food Sonoma State University
- **Slow Food University of Kentucky**
- Slow Food University of Wisconsin – Madison
Youth Food Movement

The Youth Food Movement is a network of young farmers, cooks, artisans, activists and students that are actively changing the future of food and farming. With the goal of bringing more food that is good clean and fair, to their communities, they realigning local and regional food systems with the principles of justice and sustainability.

Individually we can change communities; together we can change the world.

- Starting farms based on traditional methods and sustainable practices
- Demanding food justice and equal access to good food for their neighbors
- Starting farmer’s markets and gardens on campuses
- Organizing Eat – Ins - protest potlucks where good, clean, and fair food is prepared and shared in public spaces
- Changing school cafeteria sourcing practices to local, sustainable products
- Confronting agribusiness and demanding they change their production methods and workplace standards
Kentucky/USA Delegate
Oct 2017 Slow Food Congress
July 2017 Slow Food Nations
2008, -10, -12, -14, -16 Terra Madre, Italy
The Emancipation Proclamation issued Jan 1, 1863 and General Orders No. 143 created USCT (United States Colored Troops). The Union Army was facing a considerably valiant foe and was looking down the barrel of defeat when African American men and women served in the ranks of the Union Army. Many historians confirm that the introduction of African American Troops “saved the Union”!

200,000 total
28,000 in KY
Camp Nelson USCT KY
Jackson died Sept 24, 1864 in Munfordville KY

Wife Elizabeth and 5 children

George was in Appomattox in when Lee Surrendered

George was born in 1838, married Jane Frances Mobley and in 1864 at Camp Nelson enlisted in the Union Army to fight in the Civil War. He joined the 114th Infantry which became part of the pursuit of General Lee April 3-9, 1865 and was part of the ceremony of General Lee’s surrender at Appomattox Court House. George served June 10, 1864-April 2, 1867

Spent time in Texas as part of Buffalo Soldiers
This is how brothers George and Jackson Ballew might have looked in uniform!
African American USCT troops at Camp Nelson
If Jackson and his wife Elizabeth with their children were at Camp Nelson they might have looked like this family.
In 1853 Fee founded the town of **Berea, Kentucky**

In 1855 Fee founded **Berea College**

In 1864 Fee and his wife returned to Berea. He soon was going frequently to **Camp Nelson**, where he became involved with preaching and teaching former slaves, who were being enlisted for military service in the **Union Army**. Their wives and children also came to the camp. By June 1865, the refugee camp contained 97 cottages and numerous tents and shacks and provided housing for 3,060 people, primarily women and children. \n
1873 it awarded its first college degree.
Don Carlos Buel Ballew  
born Sept 9, 1862  
his father Jackson Ballew entered USCT Aug 1864  
his Mother Elizabeth survived the war and the community hostility to raise their children  
DB Ballew enrolled at Berea College 1879-1881 with James Bond & hotbed of activism  

Was small farmer, area butcher, shoe cobbler, barber, black smith, taught school  

Don Carlos Buel Ballew married Senia Dudley and had 10 children Bertha, Parolee, Atrus, Edgar, Omega, William, Julius, Russell, Allison
Jackson Ballew was married to Elizabeth Simpson-Noland and had 9 children:

- Merrill
- Don Carlos Buel
- Jack
- Harriet
- Sophia
- Ann
- Mary
- Gracie
- Lyman
Don Carlos Buel Ballew and Senia Dudley Ballew had 10 children

Their daughter Parolee went to Oberlin College in the 1920’s. She married Zack Barnett and had 5 children: Lawrence, James, Jean, and twins.
Jean and her grandfather DB Ballew would ride the bus from their farm in Moberly into Richmond Saturday mornings 1930’s...and put off each Saturday.

Jean became president of CORE in 1961.
Children and husband became active as CORE members.
Her son became youth chair of NAACP.

In the 1950s, tensions on southern buses were often high, for several reasons: frequently hot weather, stop-and-go traffic, tight quarters, general animosity between blacks and whites, and—most significantly—segregated seating policies. In most southern communities, African-Americans were required to enter public transportation from the rear of the bus.
James Farmer and CORE

In April 1942 a group of men gathered in a house in Chicago with a single objective. As leader James Farmer put it, they would “form an organization that would seek to impale racism and segregation on the sword of nonviolent techniques”—much like Mahatma Gandhi had done in India. The group called itself the Committee (later Congress) of Racial Equality, or CORE.

One month later, while mingling with white friends, the group filed into Chicago’s Jack Spratt coffeehouse, which had refused to serve African-Americans. Casual and quiet, the CORE members sat down in mixed parties of three and four. Waitresses hesitated, patrons gawked. The manager offered to move the black customers to the basement, but they declined. Whites were given food, but they wouldn’t eat until all were served. Police officers arrived (Farmer had telephoned them beforehand) and told the manager they had no grounds for removing peaceful customers. The manager relented, and within weeks black patrons were seen in the restaurant all the time.

This was the first planned civil rights sit-in in U.S. history. Word of CORE’s tactics and success spread, and chapters sprung up across the country. Farmer, a thoughtful man who grew up in Mississippi and Texas, traveled from city to city collecting funds. He secured endorsements from Eleanor Roosevelt, the ACLU, and A. Philip Randolph.

By the 1950s, with the rise of Martin Luther King, Jr., and the success of the Montgomery bus boycott, CORE-style nonviolence had become a national story. Farmer led union drives in Virginia, and CORE members integrated lunch counters in North Carolina, prompting black students to repeat the strategy across the South. The height of CORE’s activism came in the early 1960s with the famed Freedom Rides, when CORE leaders and followers braved death threats, FBI harassment, imprisonment, and beatings to end Jim Crow in buses and waiting rooms. The organization dropped its nonviolent philosophy and became militant in the mid-1960s.

African-Americans did not passively accept discrimination during wartime. Here, blacks and others picket the Capitol Transit
Feb 1, 1960 Greensboro, NC Joseph McNeil, Franklin McCain, Billy Smith, Clarence Henderson at Woolworths

Protesters sit at a whites-only lunch counter. From left: Joseph McNeil, Franklin McCain, Billy Smith, and Clarence Henderson.
CORE - Congress of Racial Equality organized in November 1960 in Covington

December 1960 Pickets began

Meetings held at LB Fouse Civic Center on Bush St.
CHILD DEMONSTRATORS. Young African-American children joined their parents and...
Marching for freedom
THE 1964 MARCH ON FRANKFORT, led by the Reverend Martin Luther King, Jr.

1964 March on Frankfort

On March 5, 1964, citizens from all over Kentucky came and stood before the state capitol building in Frankfort to demand civil rights and voting rights for African Americans. The march was led by Reverend Martin Luther King, Jr. and thousands of people walked together demanding equality and justice. The march was a significant event in the civil rights movement and helped bring attention to the need for civil rights legislation.
Jim Embry...first Vice-president of UK Black Student Union in 1967. The UK BSU gave President Oswald 15 demands in 1968 which included: 1) a course in African American History, 2) recruitment of African Americans on UK basketball team, 3) hiring of Black faculty and staff, 4) recognition of Black voices and Black fraternities and sororities, 5) recruitment of Black students and retention programs, 6) Funds to offer African American cultural programs, 7) funds to bring speakers to campus that included US Rep. Ron Dellums, William Kunstler and more, 8) summer college prep programs for High school students, 9) more scholarship funds, 10) racial understanding forums and more. This work by the BSU served to change the face of the University of Kentucky and Lexington.
1968 Dr Kings Funeral
1968 NYC food justice
1971 Dick Gregory
1972 Good Foods Co-op
1968-74 UK pre-med student work in hospital
Founding Member Good Foods Market and Cafe in Lexington

- Began in 1972 as buying club
- Focus was local, healthy food, organic food
- Buy products from 250+ KY producers
- Pilot for city on collection of food waste for composting program
- Began with 15 and now have 6,000 owners
- Full serve restaurant and open to the public
- Support local farmers
- GMO education campaign
- 300 Food Co-ops around USA
Sustainable Communities Network

Founded in 2005 non-profit-community based

- Network of people…local, state, national, intl
- Body of ideas….social change…
- Practice of community building/organizing

Create awareness and practice of sustainable living

- **Believe that sustainability movement encompasses all other social movements**

- Local food system is foundation of sustainable community

- Community gardening is essential to local foods system, citizenship, eco-literacy

- Community garden is where children learn citizenship, good eating habits, where food comes from how to work together, sacred Earth Connections, systems thinking
Locally

- Women at risk
- School and Community Gardens
- Local Food Summit
- Food Policy Council
- Community Action Council Winburn Garden
- Catholic Action Center
- Movie series with Good Foods Co-op/Earth Days Bluegrass
- Faith community
State and Nation

- 400 KY teachers trained on starting school gardens
- Statewide food policy council
- Grow Appalachia
- Louisville Westend vision for sustainable community
- Farm to School Initiatives/Farm Bill
- Growing Food and Justice Initiative Dismantle Racism
- Southeast African American Organic Farm Network
- Immokalee Workers…. food sovereignty
- Community Food Security Coalition
- Slow Food USA
International

- Slow Food’s Terra Madre and International Congress....USA/Kentucky delegate
- Cuba
- Brazil..Movimiento sem Terra… landless workers movement
- La Via Campesina.. the international movement which brings together millions of peasants, small and medium-size farmers, landless people, women farmers, indigenous people, migrants and agricultural workers from around the world.
- food sovereignty
- World Social Forum
Jim Embry of Sustainable Communities Network contributed articles, photos, quotes.
global movement

Slow Food®
Slow Food... Our philosophy

good,
clean
fair
SLOW FOOD NETWORK

- 5 000 000 Supporters
- 300 000 Members
- 3770 Ark of Taste products
- 2400 Food communities
- 4500 Gardens in Africa
- 1500 Convivia
- 500 Presidia
- 160 Countries
Terra Madre/Salone de Gusto

Torino, Italia
September 22-26 2016

8,000 delegates from 150 countries
300 USA delegates

the largest world meeting of food communities: peasants, breeders, fisherfolk and artisan producers

from 1583 food communities in 153 countries,

cooks and chefs, 700 youth

lecturers and academics from 225 universities, 2320 observers and media

and 800 volunteers.
TERRA MADRE: the Flavors and Colors of Food
by Jim Embry
Sustainable Communities Network
embryjim@gmail.com

500 delegates
90 countries

7th Slow Food International Congress
Chengdu, China
2017 September 29 - October 1
Kentucky and Slow Food

- Local Food
- Kentucky Proud, Appalachia Proud
- Berea College Farm, Eco-Village
- Sustainable Berea, Bee Friendly
- Home Grown Heroes
- Farmer’s Markets
- Farm to Cafeteria
- School Gardens
- Pollinator Habitats
- Community Gardens, Composting
- Bee keeping
- Bill Best Beans
Bee-ginning a new Appalachian industry

Tammy Horn, State Apiarist
Coal Country BeeWorks

Project Turns Former Coal Strip Mines into Fertile Honey Farms
White House Garden
Terra Madre sponsors 10,000 Gardens in Africa

Established in 2010 as 1,000 Gardens in Africa and after reaching goal in 2013 relaunched as 10,000 GARDENS IN AFRICA!

We are cultivating an ambitious dream:
to set up vegetable gardens in every Terra Madre community in Africa.
Anyone who believes in this dream can help us make it a reality.
Slow Food Foundation for Biodiversity

LOVE THE EARTH
DEFEND THE FUTURE
DONATE.SLOWFOOD.COM

Slow Food®
Indigenous Terra Madre Network

370 communities in 86 countries
Get into the future of food

Università degli Studi di Scienze Gastronomiche
University of Gastronomic Sciences
# 2016 Somerset Campus International Festival

## Program of Events

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<th>Time</th>
<th>Student Commons Community Room</th>
<th>Student Commons Grill</th>
<th>Outside On Stage</th>
<th>Meese Auditorium</th>
<th>Theatre – Stoner Hall</th>
<th>Student Commons Corridor</th>
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<tr>
<td>9:00 – 9:45 am</td>
<td>All day: Cosmetology Students – Hair and Makeup from around the world</td>
<td>Opening Ceremony: Janis Hatfield presentation</td>
<td>Parade of Nations’ Opening Ceremony with Baggipers</td>
<td>All day: Terre Madre and The International Food Justice Movement</td>
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<td>9:30 am</td>
<td>Wayne County Breads and Coffee</td>
<td>Common Read Exhibit: Devin Phelps and Marci Randall – &quot;Picking Cotton&quot;</td>
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<td>10:00 – 10:45 am</td>
<td>Middle Eastern Dance Ensemble from Boreia College</td>
<td>10:10 – 10:45 am Martial Arts Demo – East/West Karate School</td>
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<td>10:50 – 11:20 am</td>
<td>NGOs, Human Trafficking and the International Refugee Crisis – James Taylor</td>
<td>10:00 – 10:30 am Bangladesh – Dr. Karin</td>
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<td>11:15 am – 12:45 pm</td>
<td>International Lunch – Food prepared by SCC Culinary Arts program – Italy, Germany, and Caribbean</td>
<td>International Autumn Films Shorts</td>
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<td>1:10 – 2:10 pm</td>
<td>1:10 pm – Terre Madre and the Flavors and Colors of Food – Jim Embry</td>
<td>Pulaski County Homemakers – Cookies</td>
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## Celebrating 10 Years at SCC!

- **Live Music**
- **International Exhibits**
- **Presentations**
- **International Foods**
- **And Much More!**

Join us for a full day of:

- **Everyone Is Welcome!**

This FREE event will be held on SCC’s Somerset Campus
808 Monticello Street, Somerset, KY

Visit our website at somerset.kctcs.edu
Menu for Change

We know that food is a cause of climate change. From field to fork, our food system contributes a fifth of greenhouse gas emissions. Food is a victim of climate change, too. Drought, desertification, floods, sea-level rise and ocean pollution put our food at risk across the world.

But we are believers in Slow Food, and we want to talk about food as a solution — and a delicious one — to climate change.

So this fall we’re launching the Menu for Change campaign — not just with Slow Food USA, but across the world. Will you raise your fork against climate change with us?
Aida Baimakova,
Astana, Kazakhstan
Ark of Taste
4500+ items
Bill Best has catalogued 175 to 200 varieties of old-time beans and numerous heirloom varieties of tomatoes, for preservation and growing on his farm located outside of Berea, Kentucky. Bill Best grows and sells seeds, plants, and his yearly harvest of beans and tomatoes at the Lexington and Berea Farmers Markets, which he helped to establish three decades ago while working as a professor and administrator at Berea, College.
Remi Ie, Japan

President of Slow Food Nippon, director of the Slow Food office in Japan.

Between 2004 and 2007 Remi Ie studied at Stanford University, then in 2013 graduated from the two-year postgraduate degree course at the University of Gastronomic Sciences in Pollenzo. As director of Slow Food Nippon, she is currently focusing on the collaboration between regional governments, businesses, schools, not only to promote her country’s food culture, but also to build sustainable development by working together with farmers and fishers from the next generation.
7th Slow Food International Congress - Chengdu, China

John Kariuki Mwangi, Kenya
Vice-president of the Slow Food Foundation for Biodiversity, coordinator of Slow Food projects in Kenya and member of the Slow Food International Council for Central and East Africa.

Since graduating from the University of Gastronomic Sciences in Pollenzo, John Kariuki has been coordinating Slow Food activities in Kenya, working particularly on projects for the Gardens in Africa, the Presidia and the Ark of Taste. He will be describing the dramatic experiences in Kenya, a country that has been suffering greatly from prolonged drought caused by climate change, and launching the international Menu for Change campaign.
Terra Madre
Salone del Gusto

#TerraMadre
Terra Madre
Salone del Gusto

Insieme per voler bene alla Terra

Loving the Earth Together
The Legend of the Blue Horse

Lexington, KY

Kentucky Parks

Australia

Mom Bea's
Wild Flower Honey
Natural, Raw, Unprocessed
Kevin Martin
(859) 243-0363
OPENING CEREMONY
TERRA MADRE: the Flavors and Colors of Food
PATATE di Montagna dei TORNETTI di Viù

MELE di MONTAGNA delle Valli di Lanzo Naturali
C'era una volta... una ricetta
Laboratorio agroalimentare piemontese

Piemonte

Sponsor del Peperone
Carmagnola

Via Briasco, 12 - CARMA
Cell. 333.8591734 - 0166

GOOD FOODS
CO-OP

[Man holding peppers]
THE EARTH DEFENDERS EXHIBITION
Casa di Slow Beans
SLOW FOOD
Slow Food educazione a Terra Madre Salone del Gusto

PUNTO ALLATTAMENTO

BREASTFEEDING POINT
CHEZ: PANISSE
THIRTY-THIRD BIRTHDAY

CAFE & RESTAURANT 1517 SHATTUCK AVENUE, BERKELEY CA 94709 (510) 548-5333

THE CHEZ PANISSE FOUNDATION IS COMMITTED TO TRANSFORMING FOOD EDUCATION BY USING FOOD TRADITIONS AND RITUALS TO TEACH NUTRITION, ARTS, AND APPRECIATION OF YOUNG PEOPLE. THE FOUNDATION ENHANCES COMMUNITY SERVICES IN UNDER EQUITABLE, COOKING, AND SHARING FOOD AT THE TABLE GIVES OPPORTUNITIES FOR ALL.
VOTE WITH YOUR FORK
USA DELEGATE TO TERRA MADRE 2014 SLOWFOODUSA.ORG
JOIN THE MOVEMENT!

TERRA MADRE!!!

Transforming our Local and Global Food System